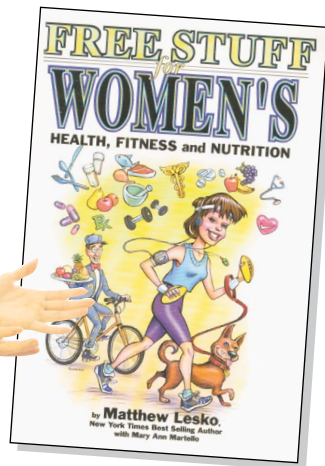


FREE STUFF For Women's Health, Fitness and Nutrition

Thousands of little-known government and non-profit programs that offer *free money, free doctor care, free information, free treatment, free services, free health products, free books, free prescription drugs, free videos, free expertise* for all income levels. **LEARN HOW TO GET...**

- ✓ Free Wigs for Breast Cancer Patients
- ✓ Free Legal Assistance For Battered Women
- ✓ Ask-A-Dietitian Hotline
- ✓ Free Database Search Of 650,000 Doctors
- ✓ How To Find An OB/GYN, Pediatrician, Nurse-Midwife, Birth Center
- ✓ Find Out, For Free, If You Have Diabetes
- ✓ Free Air Travel To Needed Medical Care
- ✓ Free Counseling and Support When You Have Cancer
- ✓ Free Home Care & Child Care For Cancer Patients
- ✓ Grants and Loans For Adoptions
- ✓ Free Drugs For Kidney Patients
- ✓ Free Summer Camp For Kids With Cancer, Kidney Disease or Asthma
- ✓ Free Hotels For Cancer Patients
- ✓ Free Child Care When Getting Mammograms
- ✓ Free Pap Smears
- ✓ Free Outpatient Psychiatric Services
- ✓ Free 10-Minute-A-Day Fitness Book
- ✓ Video For Moms Who Fear Child Soccer Injuries
- ✓ Free Nutritional Guide
- ✓ Information On How To Prevent Melanoma
- ✓ Tips So Cancer Patients Can Solve Money Problems
- ✓ Learn To Be Your Own Health Care Advocate
- ✓ \$5.00 Confidential GYN Exam For Teens
- ✓ An Extra \$1,000 From Social Security
- ✓ Free Flu Shots
- ✓ \$2,500 Grant For Adoptions
- ✓ Free Hospital Care For Kids
- ✓ Wandering Alzheimer Patient Locator
- ✓ Grant For Kids With Hearing Loss
- ✓ Free Travel, Training And Seeing Eye Dogs for Sightless
- ✓ Free Alcohol And Drug Abuse Treatment
- ✓ Free Wheelchairs
- ✓ Free Dental Care For Seniors And The Disabled
- ✓ Free Health Insurance
- ✓ Free Immunizations
- ✓ Free Legal Help To Fight Your Insurance Company
- ✓ Grants For Transplant Patients
- ✓ Free Health Insurance Counseling
- ✓ Money For People With Disabilities To Buy Vans
- ✓ Discounts on Bicycle Helmets
- ✓ \$5 For STD Tests
- ✓ Free Computers For People With Disabilities
- ✓ Free Eye Care



Matthew Lesko

Author of 2 New York Times Bestsellers: *Information USA* and *Getting Yours*.

Winner of 2 "Best Reference Book of the Year Awards" from American Library Association
Regular guest on TV Talk Shows like Larry King, David Letterman, The Today Show, Oprah Winfrey, and Good Morning America.

Matthew Lesko is doing Uncle Sam's job by showing taxpayers where to tap into 9,000 sources of free help, information – even money.

But you can't get these free services without the info!
Contact me to get this valuable book: *Free Stuff for Women's Health, Fitness and Nutrition*, 663 pages, \$24.95 plus \$6.95 s&h.